

# PACT Newsletter

## New Cessation Articles of Interest

**Efficacy of Varenicline Combined With Nicotine Replacement Therapy vs Varenicline Alone for Smoking Cessation**

<http://jama.jamanetwork.com/article.aspx?articleid=1886188>

**Pharmacological Treatments for Smoking Cessation**

<http://jama.jamanetwork.com/article.aspx?articleid=1812940>

**Maintenance Treatment With Varenicline for Smoking Cessation in Patients With Schizophrenia and Bipolar Disorder**

<http://jama.jamanetwork.com/article.aspx?articleid=1812963>

## New Resources

Very soon, several new and updated resources will be posted to the PACT website library.

- Quitting Tobacco for Surgery pamphlet and poster – created in partnership with the Harmony Project in BC
- COPD specific cessation pamphlet – created in partnership with the Lung Association of Saskatchewan
- New Me, Smoke Free (Cessation in Mental Health) Guide, Group Session Outline and corresponding resources – revised in partnership with Lynn Isaak, Saskatoon Health Region, and Megan Welwood, Five Hills Health Region
- PACT Level I Modules and the Pharmacist Specialty Module have been updated – in partnership with the Pharmacists' Association of Saskatchewan and MedSask Drug Information Service

## Under Construction

Smokeless tobacco continues to be a concern in Saskatchewan, and therefore a new slide presentation, plus pamphlet will be produced in the next few weeks.

PACT strives to ensure information provided on the PACT website is current. Please take a moment to check your listing on the **PACT Locator**. If it is not current, then simply log in with your email address and password to update the information now.

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